

# Bursting Your Bubble

A RELATIONSHIP REVOLUTION

# Table of contents

INTRODUCTION TO VERSION 2.0	
DISCOVER THE SPIRIT-FILLED LIFE	<b>1</b>
Knowing Our Purpose	2
Knowing Our Power Source	3
The Key to Being An Effective Witness	6
THE PACK, THE PARROT & THE PASS	<b>9</b>
The Art of Conversation	10
DISCOVER YOUR LIFE STORY	<b>16</b>
The Law of Permission	18
DOs for Writing Your Life Story	18
SHARE YOUR LIFE STORY	<b>27</b>
Transitioning to Your Life Story	28
Refining Your Story	29
Getting Feedback on Your Story: the Sandwich Method	30
THE SEVEN LAWS OF RELATIONAL IMPACT	<b>32</b>
1. Law of Abundance	34
2. Law of the Supernatural	35
3. Law of Proximity	36
4. Law of Preparedness	36
5. Law of Process	37
6. Law of Approach	38
7. Law of Respect	40
THE FINAL 10%: LEADING SOMEONE TO CHRIST	<b>42</b>
General Guidelines	44
Responding to Their Questions	45
Closing the Presentation	46
FOLLOW-UP	<b>48</b>
Follow-up includes these elements:	51
Getting Started	52
Next Steps	52
Uncommon Opportunities Ahead	53

# About this manual

Welcome to *Bursting Your Bubble*, a training program designed to give you the skills necessary to become an effective witness for Christ.

The training manual accompanies a series of teaching videos that may be accessed online or purchased as a DVD kit. Each participant should have their own manual in order to get the most out of the series. Together with your group you will benefit from peer-to-peer coaching, interaction and feedback.

The goals of the training program are summed up in 1 Peter 3:15:

“But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.”

Here we see the three keys to a vibrant personal walk with Jesus as well as a subsequent ministry. To be submitted to the will of Christ; to be prepared to talk to people about our relationship with Jesus and finally to do this with an attitude of gentleness and respect!

When you share your faith with others, you will begin to understand how wonderful your own relationship with Christ is. You will also experience changed lives, relationships that matter and uncommon opportunities! So let's start bursting some bubbles!



# About Ian Whitfield

(your presenter)

Ian was on staff with Power to Change ministries for 24 years where he served in a variety of roles and most recently as the National Director of Communications for Leader Impact Group. Today he, and his wife Andrea, have their own coaching and communications company based in Calgary.

Ian was instrumental in the development of this series. He has a unique ability to teach in a manner that both engages and inspires the audience. The bottom line is, people not only gain knowledge, they leave with a vision to do something with that knowledge! Ian is a practitioner and brings the best of his first hand knowledge and experience to you in this entertaining series.

# Introduction to version 2.0

## BYB v 1.0 Stats:

2,000+ kits in circulation 10,000+ Christians trained

50,000 conservative number of people impacted

2 languages 6 countries and growing

## BYB v 2.0

Digital delivery **New** content

Fresh design **Bigger** impact

“Often, people engage in activities without really determining why they are doing them in the first place. In this brief session we will address the need for the Bursting Your Bubble series.

As you listen to Ian and hear from Esther and Braden, ask yourself what you are hoping to get from the series. Why are you putting in the time and effort to be here?”



### Group Exercise

Which of the three C's, Calling, Communication and Culture do you resonate with the most? Share your thoughts with one another and open in prayer.

## SESSION ONE

# Discover the Spirit-filled Life

As Christians, we belong to a community. Whether it is through our church congregation, Bible study groups, ministries, or missions teams, we belong to a close-knit group. We've developed our own language, culture and expectations that other Christians are familiar with. If we look around us, we may realize that many, if not most, of our meaningful relationships are with other Christians.

**Are you living in a Christian bubble?**

## Knowing Our Purpose

Although Jesus emphasized that we are to be in the world, and not of it, Christians should be careful about taking that to the extreme. We can find it easier to remain in our comfort zone — our bubble — where we associate mainly with fellow Christians who have the same values and beliefs.

Something amazing happens when we share our faith with others. Yes, others will come to know Christ and God will be glorified, but we will also gain a deeper insight into our relationship with Christ.

I pray that you may be active in sharing your faith, so that you will have a full understanding of every good thing we have in Christ.

—Philemon 6 (all scripture from NIV unless otherwise stated)

### PERSONAL REFLECTION:

How would you change if you gained a 'real' passion for the lost?  
When was the last time someone or something burst your bubble?



#### Group Exercise (10 minutes)

One of the best ways to burst your Christian bubble is to start thinking about and praying for those in your life who do not have a relationship with God yet. Begin to fill in your Friends List (see appendix) and share with one another a bit about these friends. Take time to pray for them now.

## Knowing Our Power Source

**The power to live the Christian life is readily available to us — through the Holy Spirit. Tapping into God's power is the foundation for effective Christian living and ministry.**

“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and in Samaria, and to the ends of the earth.”

—ACTS 1:8

Yet, many Christians are not experiencing a Spirit-filled life because they do not rely on the Holy Spirit for strength and power. Instead, they rely on their own understanding and energy to live their lives while struggling to find fulfillment in their relationships and activities.

Let's look at three types of lifestyles.

### Self-Directed Life (Natural Person)



A person living a self-directed life has not asked Christ to come into their life yet. We know this person to be a non-believer, seeker, or pre-Christian. This person is seated on the throne of their life and directing all of their relationships and activities. Christ is outside their life.

“The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned.”

— 1 CORINTHIANS 2:14

### Christ-Centered Life (Spiritual Person)



A person living a Christ-centred life has asked Christ into their life and given Him full control. Their relationships and activities are directed by God, resulting in harmony with God's plan. This person exhibits beautiful, godly qualities — the fruit of the Spirit. The apostle Paul describes it this way:

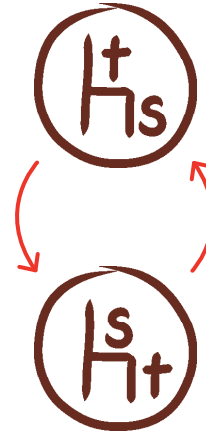
“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law.”

— GALATIANS 5:22, 23

“The spiritual man makes judgments about all things, but he himself is not subject to any man's judgment”

— 1 CORINTHIANS 2:15

### Carnal Life (Worldly Person)



A person living a worldly life has accepted Christ but has not made him Lord of their life. They are trying to live the Christian life but have re-taken control. As a result, this person's relationships and activities are not in harmony with God's plan. They exhibit characteristics that are the opposite of the fruit of the Spirit. Instead of feeling love, joy, and peace, this person may feel resentful, unhappy, or anxious. Many Christians struggle in this area.

“Brothers, I could not address you as spiritual but as worldly—mere infants in Christ. I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready. You are still worldly. For since there is jealousy and quarreling among you, are you not worldly?”

— 1 CORINTHIANS 3:1-3

# The Key to Being An Effective Witness

## Have I presented every area of my life to Christ?

“Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God, this is your spiritual act of worship.” —ROMANS 12:1

## By faith ask God to take His rightful place in your life.

“Dear Father, I need You. I have been in control of my life; and, as a result, I have sinned against You. I thank You that You have forgiven my sins through Christ’s death on the cross for me. I invite Christ to again take control of the throne of my life. Fill me with the Holy Spirit as You commanded, and as You promised in Your Word if I ask in faith. I pray this in the name of Jesus. As an expression of my faith, I now thank You for taking control of my life and for filling me with the Holy Spirit.”

**Be confident that you are now filled with the Spirit because of His command and promise to you.**

### COMMAND:

“Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.” —EPHESIANS 5:18

### PROMISE:

“This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have what we asked of Him.” —1 JOHN 5:14,15

## MY SIN LIST

Roadblocks to my relationship with Christ:

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When you are finished, write 1 John 1:9 across the list.

## THIS WEEK'S ASSIGNMENT:

### Practice spiritual breathing.

To help you understand and apply the Spirit-filled life for yourself, practice spiritual breathing. Just as we breathe physically by exhaling the bad air and inhaling the good, so we confess sin as the Spirit brings it to our attention and then ask that the Holy Spirit take the control center of your life. This is a moment by moment exercise helping us to learn how to listen to the promptings of God in our lives.

## SESSION TWO

# The Pack, the Parrot & the Pass



The key to sharing our faith with people is to have meaningful conversations with them. The more quality conversations we have with others, the more opportunities we have to speak about our faith. Conversations are the building blocks of relationships. And relationships are the foundation of every opportunity we have to share Christ with others. In addition, we will also gain a deeper insight into our relationship with Christ.

### PERSONAL REFLECTION:

Are you afraid or uncomfortable with meeting new people?  
Why or why not?



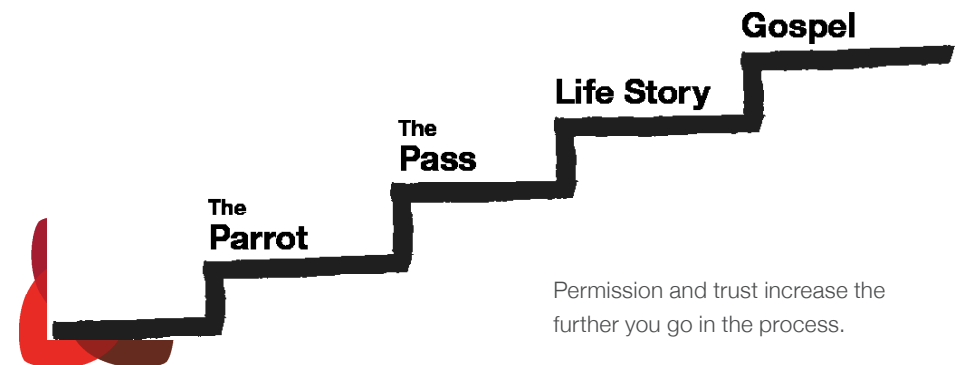
**Group Exercise** (10 minutes)

Pray for the people on your Friends List.

## The Art of Conversation

Conversation can be broken down into a three-step process. This is a natural process and reflects human behaviour patterns that occur in the course of a conversation. We'll call this process **the pack**, **the parrot** and **the pass**.

### 1. The Pack



The pack represents our tendency to gather in groups or clusters when we are in a new situation.

To share our faith, we need to start conversations with people outside of our pack, group, or clique. How can we do this successfully?

#### You start a conversation by doing two things:

**1. TAKE A RISK.** You need to take the first step. This may seem daunting especially when you consider what might happen. What if they don't talk to me? What if I sound awkward? But taking a risk can be as simple as making small talk. Start by smiling and saying hello. Then, listen to the Holy Spirit and have faith that God will help you get out of your bubble.

**2. ASSUME THE BURDEN OF CONVERSATION.** You need to maintain the conversation by asking questions. Yes, there is the possibility that despite your asking, the other person simply isn't interested in responding. But learn to ask good questions and you can become a master of great conversation.

**Here are some great conversation starters:**

If you are at the airport, ask “Are you coming or going?”

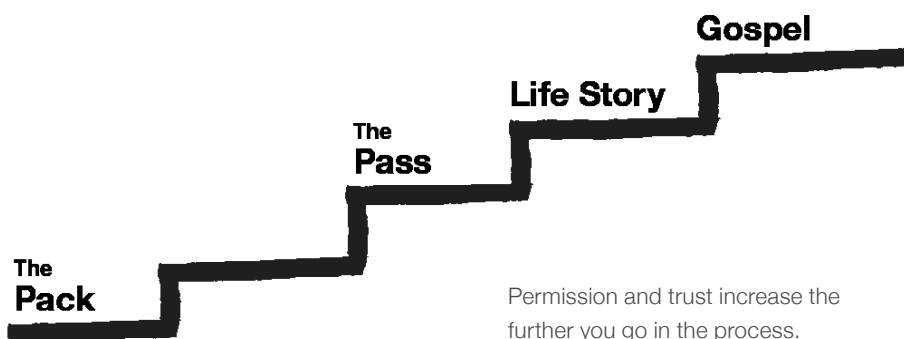
If you are at a wedding, ask “Do you know the bride or groom?”

And the all-time favourite, “What do you do?”

**PERSONAL REFLECTION:**

Do you have any great questions you use that others in the group can benefit from?

**2. The Parrot**



The parrot represents our tendency to ask the same few questions when we start a conversation with new people. More importantly, the other party will parrot or ask the same questions of us. Both parties end up finding out more information about one another. Examples of these questions are:

“What is your name?”

“Where are you from?”

“What do you do?”

note: personal interviews in the series are not performed by actors

When it comes to answering the question What do you do? you probably give a typical answer, including your title (I'm a teacher), your responsibilities (I teach fifth grade), and maybe some details about your workplace (my school is French immersion).

Do you realize that a typical or boring answer may lead the other person to lose interest in conversing further? In their minds, they think they know enough about you and may not care to find out more.

**A good answer has two key traits:**

**1. IT'S SHORT.** Your answer should be one sentence maximum. If it's the start of a conversation, refrain from preaching or revealing too much. You may be very excited at the opportunity for conversation but if you say too much at this point, you risk overwhelming the other person.

**2. IT ADDRESSES THE HEART MORE THAN THE HEAD.** Your answer should reflect your passions, not your actions. Think about what you do in the community or why you enjoy certain hobbies. Say something that will touch the person's heart.

So, a good answer is like a fishing lure — if you want to catch something, you need to attract its attention. Likewise, if you want to carry on a conversation, you want the other person to become curious about you.



**Group Exercise** (5 minutes)

Change your lure by re-writing your answer for “What do you do?” With practice you will perfect not only the words but also the manner in which you give your answer.

## WHAT DO YOU DO?

Re-writing your answer.

### 3. The Pass



The pass represents the point in the conversation where you look for an opportunity to talk about spiritual matters. The pass is a term taken from team sports. For example, in a soccer game, players will pass the puck around until one player has a chance to score a goal.

In your conversation, you gauge the other person's responses and look for an opportunity to share your faith. If the other person seems reluctant to talk about spiritual matters, then bring the conversation back to small talk and other issues. Trust that God will eventually bring your conversation to a deeper level another time. It's a relationship, so enjoy the process.

#### THIS WEEK'S ASSIGNMENT:

Practice using your new 'lure' i.e. the new manner in which you can engage someone in conversation. Note where you use it and whether or not you were able to get a nibble!



#### Group Exercise (10 minutes)

Help one another refine their answers with constructive feedback.

# Discover Your Life Story

## PERSONAL REFLECTION:

How do you respond when a conversation moves toward spiritual content? Do you say too much, or too little?

Your life story is a tale of God's handiwork in your life. It is the most effective tool for sharing your faith. It is equally effective in both large and small groups, as well as in one-to-one situations.

"The tale of someone's life begins before they are born."

—Michael Wood, Shakespeare

# The Law of Permission

The law of permission is a powerful social law. It states that no matter how much you say, only what you have been given permission to say, is heard. Breaking this law is the downfall of many well-intentioned Christians who engage others in spiritual conversation.



## Group Exercise (10 minutes)

Pray for the people on your Friends List. Share stories of how God is working in their lives as time permits.

# DOs for Writing Your Life Story

Before you begin to write your life story, **ask the Lord for wisdom and guidance**. The reason we need to seek the Lord is because your story is not just yours; it is God's story lived out through us. If you don't do this, you risk writing a bubble story.

**Write a dangerous life story** — one that is vulnerable, specific, and has great impact.

## PERSONAL REFLECTION:

Could I share my life story now? If so, is my current life story a safe story?

**Use specific illustrations** that have high impact. If your story shows your vulnerability, you can touch the other person more effectively.

**Stay within your time limit.** You should tell your story in 3 minutes or less.

**Be realistic.** Don't imply that Christ removes all of life's problems. Instead, emphasize that He gives you the strength and obedience to cope with problems.

**Use appropriate illustrations.** You may have many illustrations or anecdotes to share, but choose only the ones that are appropriate for your audience.

**Avoid using Biblical words (Christianese)** such as saved, converted, or sin. These words, if not explained carefully, can sound strange and intimidating to non-Christians. If you want to say you grew up in a Christian home, say instead that you have a religious upbringing.

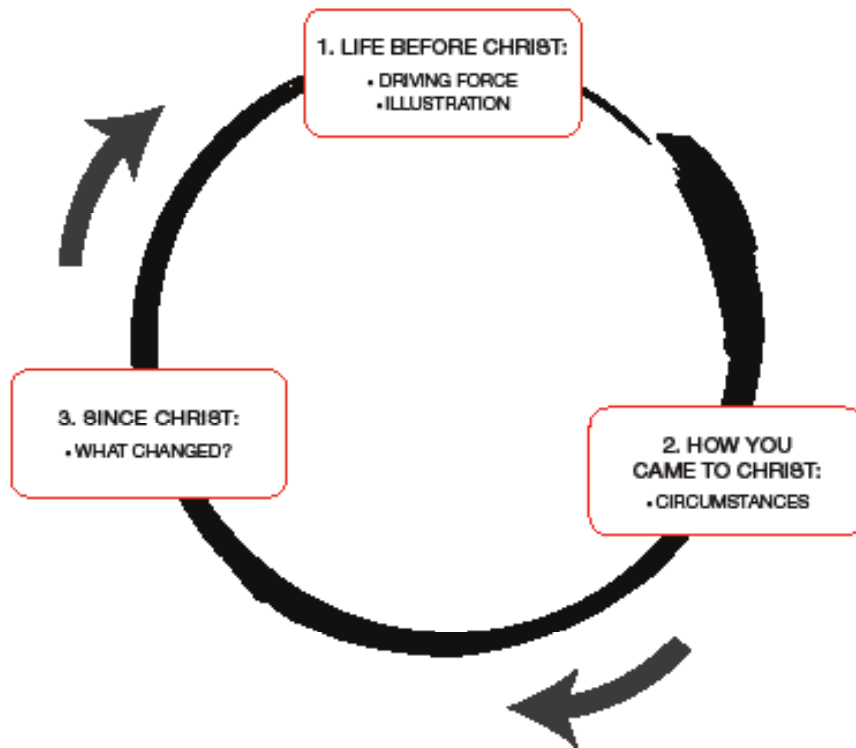
## PERSONAL REFLECTION:

What other words do we use that would be Christianese?

**Do not make comments that reflect negatively on the church, other religious organizations, or other denominations.**

**Avoid mentioning denominations.**

# Your Life Story in Three Parts



## 1. Your Life Before Christ

This part of your story focuses on your life before you began your relationship with Christ. You can talk about what was important to you, your attitudes, needs, and problems. Think about the driving force in your life:

- anger or resentment
- fear
- guilt
- materialism
- need for approval

Which one of these motivators most resonates with you? Although you now have a relationship with God, you will still struggle with these emotions. The difference is that, as a Christian, you have the power of the Holy Spirit to help deal with them.

Next, share an illustration. You should be able to think of many examples from your life but choose only one to illustrate in your life story. You will refer to this illustration again in the last part of your life story. In a three-minute life story, this part on your life before Christ should be the shortest — about 45 seconds.

## 2. How You Came to Christ

The second part of your story focuses on how you came to Christ. If you became a Christian as an adult, this should be pretty clear.

However, if you grew up in a Christian home, this may be more challenging. Although you have known Christ for most of your life, think about the turning point in your walk with God, perhaps when you made a conscious decision about following God, or when you felt the Holy Spirit at work in your life, or when you truly surrendered to Christ.

## 3. Your Life Since Coming to Christ

The final part of your story focuses on how your life changed after you came to Christ. Your relationship with God is so important that you should point to something that changed as a result. You should also refer back to the illustration in the first part of your story. For example, if you were driven by anger, how has knowing God helped you to deal with your anger?

Be careful not to give the impression that you no longer have problems since you became a Christian. We know that we will always struggle in our own ways but being a Christian means we can lean on God for grace and strength.



### Group Exercise (20 minutes)

Listen to the following life stories and fill in the details.

#### Aaron's life story

His driving force	_____
	_____
His illustration	_____
	_____
How he came to Christ	_____
	_____
His life after Christ	_____
	_____

#### Shaila's life story

Her driving force	_____
	_____
Her illustration	_____
	_____
How she came to Christ	_____
	_____
Her life after Christ	_____
	_____

## THIS WEEK'S ASSIGNMENT:

Begin working on your life story outline. Continue to work on it this week and come next week prepared to refine it and share it with others.

### MY PERSONAL LIFE STORY

My life before Christ.

Attempt to focus on one or two relevant emotions that others could relate to. Use at least one specific example to illustrate the emotion. Do not make this section the focus. In a 3-minute story this section should be about 30 – 60 seconds in length. There are five primary driving forces in our lives:

#### Your emotions

- anger or resentment
- fear
- guilt
- materialism
- need for approval

Can you identify with one or two of these? Think of a story to illustrate this!

### MY PERSONAL LIFE STORY

How I came to Christ.

Here you need to share the specific circumstances surrounding your decision to accept Christ into your life. When, where, why and how. This is your opportunity to share that it was Jesus who made the difference. This should take 60 – 90 seconds as it is a focus point.

**When:**

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**Where:**

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**Why:**

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**How:**

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### MY PERSONAL LIFE STORY

My life since becoming a Christian.

Here you will share how you have changed from the way you were before you became a Christian. Remember to address the driving force you felt before becoming a Christian. People are most interested in knowing what difference this relationship has made in your life. Remember to be specific.

**What changed?**

## SESSION FOUR

# Share Your Life Story

# Transitioning to Your Life Story

Now that you have written your life story, the next step is to learn how to make a smooth transition to your story. We use transitions in everyday conversations when we switch from one topic to another. There are two types of transitions: formal and informal.

**1. FORMAL TRANSITION** – This type of transition occurs when you invite people to hear your life story. For example, if you have been working on your story, you can ask a friend to listen and give you feedback.

**2. INFORMAL TRANSITION** – This type of transition occurs when you meet a stranger and find an impromptu opportunity to talk about your faith. With this type of transition, you need to be mindful of the conversation process discussed in Session 2 – remember the pack, the parrot, and the pass?

Here are some examples of formal transition statements:

“Hey Tim, I was thinking about you and our friendship. I really enjoy the time we get to spend together; it means a lot to me. I realize you know I go to church, but I am not sure if I have ever told you about my personal journey of faith and what it means to me. You’re an important part of my life and I would love to share it with you over a coffee sometime. Would you be up for that?”

“Hi Janice, how are the kids? Crazy time of the year, right? (pause) I was calling to see if I could use you as a sounding board. Well, you know I go to church, but I have never been able to sort of explain my spiritual journey. Recently I have been working on developing my life story, you know, putting my significant life events together in a short 3-minute version. Can you believe me talking for just 3 minutes! Anyway, it’s been fun and challenging and I was hoping you would be willing to have a coffee and hear about my story and give me your opinion. So, can I buy you a coffee?”

“Bill, you and I have worked together for years but I was thinking the other day of the fact that I have never really told you what makes me tick. In the past few weeks I have been developing my life story, the short version! Sort of a chronicle of my journey of faith...not religion. Anyway, I would love to buy you a coffee and get your opinion on it. Do you have some time this week?”



## Group Exercise (10 minutes)

Pray for the people on your Friends List.

# Refining Your Story

**1. Edit and Rewrite as necessary.**

**2. Practise telling your story.** If you rehearse your story again and again, you will eventually sound more natural and conversational. Try sharing your story with friends who can give you feedback in a safe environment.



## Group Exercise (20 minutes)

Continue working on your life story.

# Getting Feedback on Your Story: the Sandwich Method

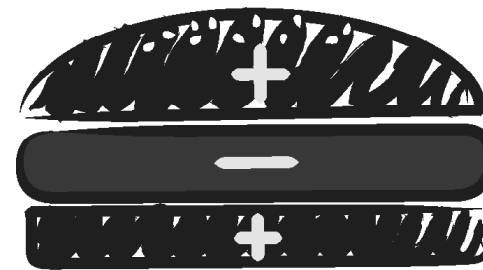
Peer-to-peer coaching will allow everyone in your group to get and give valuable feedback on your life stories. The sandwich method is a good way to present constructive criticism in an encouraging and supportive fashion.

First, choose one person to give their feedback by completing this form.

<b>+</b>	<b>-</b>

Feedback is very important, try to select someone who will give it honestly. Some people are hesitant to give the negative feedback for fear of hurting your feelings BUT YOU NEED TO BE HONEST IN ORDER TO IMPROVE.

Next, your “critic” should share their feedback with you, using the sandwich method:



## Group Exercise (20 minutes)

Ask two volunteers to share their life story (it does not have to be perfect). Use the sandwich method for feedback. Continue this process over time so that everyone has the opportunity to receive valuable feedback from the group.

## THIS WEEK'S ASSIGNMENT:

Review the Formal Transitions at the start of this session. Then prayerfully choose one person from your Friends List that you would like to share your story with this week.

# The **Seven Laws** of Relational Impact

## PERSONAL REFLECTION:

Are you ready for a bit of a refresher?

Here are some principles or laws for communicating the gospel.

# 1. Law of Abundance

The Law of Abundance states that when we are filled with the Holy Spirit, we will exude the fruit of the Spirit (love, joy, peace, patience, and so on). These qualities will lead other people to wonder why Christians have hope, purpose, and vitality. Therefore it is our responsibility to tell others about the greatest thing in our lives, Christ.

“The thief comes only to kill and destroy, I have come that they may have life and have it to the full”

—JOHN 10:10



### Group Exercise (5 minutes)

What three qualities do you most admire in someone? Compare your list to Galatians 5:22, 23.

# 2. Law of the Supernatural

The Law of the Supernatural states that God is in charge. Remember, to be an effective witness, you need to take the initiative in the power of the Holy Spirit and leave the results up to God. Sometimes, we may forget to pray for our non-Christian friends or we may be afraid to speak up about our faith. But when you pray, God will work to draw people closer to Him.



### Group Exercise (10 minutes)

Pray for the people on your Friends List. Continue sharing as time permits.

“I pray because I can’t help myself. I pray because I’m helpless. I pray because the need flows out of me all the time, waking and sleeping. It doesn’t change God, it changes me.”

— CS Lewis

### 3. Law of Proximity

The Law of Proximity is another way of saying burst your bubble. Everyone leads busy lives and with the little free time that is left, we need to make a goal of spending time with those who don't know Christ yet. This will maximize our opportunities to share our faith.

If you don't have many non-Christian friends, consider joining a club or association where you can meet new people.



#### Group Exercise (5 – 8 minutes)

Make a list of your hobbies and activities (your inventory list) to see where you spend most of your time. Then think about how you can adjust your schedule so you can spend time with those who don't know the Lord yet.

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### 4. Law of Preparedness

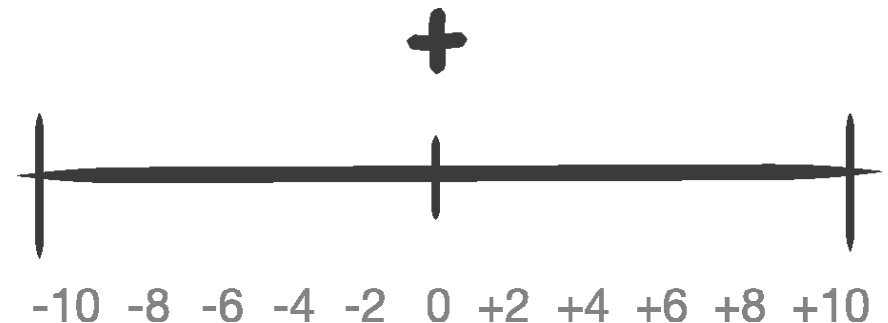
The Law of Preparedness states that we should spend time preparing our hearts, minds, and bodies to share the gospel. We need to ask God to open our hearts so that we are willing to learn, to open our minds so we can discern opportunities, and to open our hands so we can acquire new skills.

### 5. Law of Process

The Law of Process states that all people are on a spiritual journey but are at different stages. If we can discern where someone is on their spiritual journey, we can be sensitive to their needs and share what is appropriate for them. God uses us to engage others and help them progress on their spiritual journey.

James F. Engel developed a scale that depicts the various points of a spiritual journey. As you can see, there is a large range within which spiritual decisions are made.

#### Engel's Scale



“But thanks be to God, who always leads us in triumphal procession in Christ and through us spreads everywhere the fragrance of the knowledge of him.” —2 CORINTHIANS 2:14



#### Group Exercise (10 minutes)

Take your Friends List and write down where each one may be on the Engel's Scale.

# 6. Law of Approach

The Law of Approach states there are many different ways to share our faith. Each of us is called to spread the gospel but our unique personalities, experiences, and gifts allow us to reach out to others in different but equally effective ways.

“I praise you because I am fearfully and wonderfully made; Your works are wonderful, I know that full well.”

—PSALM 139:14

Here are examples of different evangelism styles:

## 1. Intellectual style

- Analytical
- Logical
- Inquisitive
- Likes to Debate
- More concerned with what people think than what they feel

Biblical example: Paul in Acts 17

“We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”

—2 CORINTHIANS 10:5

## 2. Confrontational style

- Confident
- Bold
- Direct
- Skips small talk; likes to get right to the point
- Has strong opinions and convictions

Biblical example: Peter in Acts 2

“Preach the Word; be prepared in season and out of season; correct, rebuke, and encourage — with great patience and careful instruction.”

—2 TIMOTHY 4:2

## 3. Servant style

- Patient
- Others-centered
- Sees needs and finds joy in meeting them
- Shows love through action more than words
- Attaches value to even menial tasks

Biblical example: Dorcas in Acts 9

“In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.”

—MATTHEW 5:16

#### 4. Interpersonal style

- Conversational
- Compassionate
- Sensitive
- Friendship-oriented
- Focuses on people and their needs

Biblical example: Matthew in Luke 5

“... I have become all things to all men so that by all possible means I might save some. “

—1 CORINTHIANS 9:22

## 7. Law of Respect

The Law of Respect is related to the Law of Approach. Each of us has a different way of sharing our faith but we must always do it with gentleness and respect. Evangelism has a bad name because some Christians are overzealous and end up destroying not only opportunities to evangelize but also the relationships.

“But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. **But do this with gentleness and respect...**”

—1 PETER 3:15

Here are some tips on how to keep the Law of Respect:

- Avoid arguing. It is okay to debate but do not take the offensive.
- Do not speak in a condescending manner.
- Allow the other person to speak and respond. There should be dialogue, not a monologue.



#### Group Exercise (20 minutes)

Which of the seven laws is most meaningful to you? Why?

Discuss where your friends are on the Engel's Scale. Pray for them.

#### THIS WEEK'S ASSIGNMENT:

Who is God asking you to share your lifestory and gospel with? Take the initiative to do this in the power of the Holy Spirit and leave the results up to God!

*For our next session be sure to download the following app onto your smartphone or tablet. <http://www.godtoolsapp.com>*



# The Final 10%: Leading Someone to Christ



**Group Exercise** (10 minutes)

Pray for the people on your Friends List. Continue sharing as time permits.

In today's session we are going to learn how to lead someone to Christ when they are ready.

As we mentioned earlier, there are many ways to communicate the gospel. If you already have an effective way to do this, by all means use it. But for our training purposes, we are going to use an app from Godtools.com.

*If you have not already done so, take a moment to download the app to your smartphone or tablet. You can get the app from [www.godtoolsapp.com](http://www.godtoolsapp.com).*

## General Guidelines

This is how you can start with the Would You Like to Know God Personally? booklet:

1. Be sensitive and treat the other person with gentleness and respect.  
Let the Holy Spirit lead your words and actions.
2. Be on the same page. Literally and figuratively.
3. Defer odd questions until later.
4. Encourage the individual to receive Christ.
5. Leave the booklet or app with them.

Their Question	Your Response
What's sin?	"'Sin' is a Greek word that was used to signify measurement. When they would practice archery any arrow that missed the bullseye would be measured in 'sin'" So, when the Bible says 'all have sinned and fallen short of the glory of God', it simply means no one is perfect."
I'm a good person, isn't that enough?	Well, what's your measurement of good? Use the swimming illustration to help explain that when we use God's measurement of what is 'good enough' then no matter how hard we try, how well we live, the gap between us and God is simply too great to overcome.
Why do I need to 'receive' Christ?	Using Ephesians 2:8,9 as the basis, and the gift as the illustration, explain that even though a person may know that God is offering them the 'gift' of eternal life and newness, if they don't 'receive' it they will never benefit from it. Use Christmas, a birthday or any other occasion for gift giving to show how we would never leave a gift unwrapped!

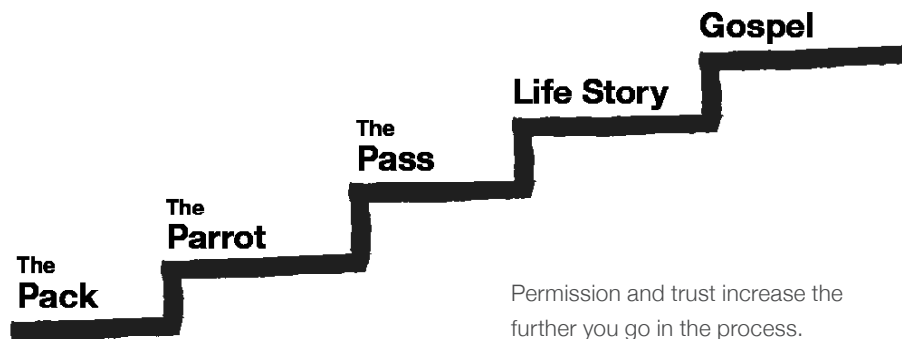
When sharing the app you will come upon two circles describing two types of people. Here are the possible answers you may receive and how to handle them.

Their Answer	Your Response
Left circle	Go on to the next question.
I'm not sure or Both circles	This is a common answer from someone who is religious but doesn't understand what it means to have a relationship with God. Go to the next question.
Right circle	Be positive and encouraging. Ask them for their life story. Say something like, Great! I would like you to go through the booklet so you can use it to share your faith with someone else.  When you come to the graphics and questions on page 9, ask the person where they are in their spiritual journey: which circle represents your life? Depending on your answer, you can respond accordingly.

# Closing the Presentation

Continue through the entire booklet if you have time. Be sure to share your life story with them while continuing to develop the relationship.

1. If they have more questions, share more of your own journey. As you listen to the Holy Spirit, you can answer their questions and relieve some of their fears. Most importantly, keep the interaction warm and encouraging.
2. Be sure to forward the app link to them, [www.godtoolsapp.com](http://www.godtoolsapp.com). Not only do they now have it themselves, it allows for another contact point via email.



## Group Exercise (20 minutes)

Pair up and practice going through the presentation. It may be helpful to pretend your partner is one of your friends on your list.

## THIS WEEK'S ASSIGNMENT:

Continue becoming familiar with the presentation you have chosen to share with others. Give a friend a call to see if they would be willing to meet for a coffee and hear what you have been learning.

Before next weeks session be sure to download the pdf for follow up that can be found at the following link: [www.burstingyourbubble.org/follow up](http://www.burstingyourbubble.org/follow-up)

SESSION SEVEN

# Follow-Up

“The goal of initial follow up is to help solidify a new believers relationship in Christ”



**Group Exercise** (10 minutes)

Pray for the people on your Friends List. Take time to share how this exercise has begun to change you.

A new Christian is like a newborn baby. Both need attention and guidance if they are going to grow and mature. You need to quickly follow-up with a new believer so that they can solidify their relationship with Christ and grow in their spiritual journey. Ideally, you should follow up within 48 hours.



**Group Exercise** (5 minutes)

Compare a new Christian with a newborn baby — what are some similarities?

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## Initial Follow-Up Includes These Elements:

**Assurance of Salvation:** Reviewing the initial decision

**Sin:** What happens when I fall?

**The Holy Spirit:** A Christians guide

**The Bible:** Your handbook to life

**Prayer:** The means of communication with God

**Community:** The importance of relationships with other Christians

*The pdf can be found here: [www.burstingyourbubble.org/followup](http://www.burstingyourbubble.org/followup)*



**Group Exercise**

Take a moment to ensure everyone has the pdf “You and Your Relationship With Jesus” or can share with someone else.

## Getting Started

- 1. Suggest that you have important information to share with them.** Mention how much the information helped you when you first became a Christian.
- 2. Suggest a specific time and place to meet with them.**
- 3. Set aside 30-40 minutes to cover the material.**
- 4. Take turns reading the Bible and lesson material.**  
This will encourage the new Christian to engage in the process.
- 5. Have fun!**

## Next Steps

After the initial follow-up meeting, here are some next steps that you can take to help a new Christian grow in their spiritual walk:

- 1.** Suggest another set of study material and/or a suitable small group they could join, with you!
- 2.** Invite them to join you at church.
- 3.** Encourage them to share their life story with their friends

## Uncommon Opportunities Ahead

Over the past weeks, you have learned new skills to combat your old fears, whether it was initiating conversations about spiritual matters, telling your life story, or following up with a new believer.

With the power of the Holy Spirit to strengthen you and the new skills that you learned, you have a choice now.

Will you remain in your own world and not change anything in your life? Or will you burst your bubble — each and every day — and become an effective witness for Christ?

**FINAL ASSIGNMENT:** (Should you choose to accept it)

What is God asking you to do as a group to ensure that you continue to burst your bubble?

# Friends List

1. Write the names of six people you currently know who, as far as you know, are not yet followers of Jesus.
2. Fill in as much information about them as you can on the sheet.
3. Circle the names of those with whom you have had social contact with.
4. Star the names of those with whom you have had a meaningful conversation with. (this does not mean it had to be spiritual in nature).
5. Don't worry about the Engle's Scale range, this will be filled in in Session 5.

Name: \_\_\_\_\_

Length of relationship: \_\_\_\_\_

How I know them:  Linked in  Social media  Club/sports  Other \_\_\_\_\_

Marital Status / name of spouse: \_\_\_\_\_

Kid's names: \_\_\_\_\_

Occupation: \_\_\_\_\_

Engle's Scale range: \_\_\_\_\_

Name: \_\_\_\_\_

Length of relationship: \_\_\_\_\_

How I know them:  Linked in  Social media  Club/sports  Other \_\_\_\_\_

Marital Status / name of spouse: \_\_\_\_\_

Kid's names: \_\_\_\_\_

Occupation: \_\_\_\_\_

Engle's Scale range: \_\_\_\_\_

Name: \_\_\_\_\_

Length of relationship: \_\_\_\_\_

How I know them:  Linked in  Social media  Club/sports  Other \_\_\_\_\_

Marital Status / name of spouse: \_\_\_\_\_

Kid's names: \_\_\_\_\_

Occupation: \_\_\_\_\_

Engle's Scale range: \_\_\_\_\_

Name: \_\_\_\_\_

Length of relationship: \_\_\_\_\_

How I know them:  Linked in  Social media  Club/sports  Other \_\_\_\_\_

Marital Status / name of spouse: \_\_\_\_\_

Kid's names: \_\_\_\_\_

Occupation: \_\_\_\_\_

Engle's Scale range: \_\_\_\_\_

Name: \_\_\_\_\_

Length of relationship: \_\_\_\_\_

How I know them:  Linked in  Social media  Club/sports  Other \_\_\_\_\_

Marital Status / name of spouse: \_\_\_\_\_

Kid's names: \_\_\_\_\_

Occupation: \_\_\_\_\_

Engle's Scale range: \_\_\_\_\_

Name: \_\_\_\_\_

Length of relationship: \_\_\_\_\_

How I know them:  Linked in  Social media  Club/sports  Other \_\_\_\_\_

Marital Status / name of spouse: \_\_\_\_\_

Kid's names: \_\_\_\_\_

Occupation: \_\_\_\_\_

Engle's Scale range: \_\_\_\_\_

## Continue the Adventure

**Leaders who would say that their personal faith has been an integral part of their success lead many of our country's successful businesses. Are you one of those leaders?**

Have you achieved a measure of success and are looking to leverage your influence to impact your community, Canada and the world?

LeaderImpact offers multiple uncommon opportunities for leaders to experience changed lives, relationships that matter and uncommon opportunities!

- Start a LeaderImpact small group
- Host a Leadership Forum
- Launch a LeaderImpact chapter in your community
- Join an International project
- Lead a BYB group to train others

If, as you read this brief description, you were inspired, excited or otherwise moved, chances are you would love working with LeaderImpact, and we would love to work with you! Contact us at [info@leaderimpactgroup.com](mailto:info@leaderimpactgroup.com)

At the very least, continue to be inspired by following us on [Twitter @leaderimpact\\_gp](#), like us on Facebook <https://www.facebook.com/leaderimpact>, or connect with us on [LinkedIn http://www.linkedin.com/company/leaderimpact-group](http://www.linkedin.com/company/leaderimpact-group).

### Power to Change Ministries:

LeaderImpact is one of several divisions of Power To Change. Through 12 ministries working in different areas of society, Power to Change has designed unique Faith Adventure activities to help you reach your world. Our desire is to address people's most relevant needs – whether they're struggling for basic survival, their marriage is falling apart, or they're dealing with the pressures of a failing business. We want to help them discover the difference a relationship with Jesus Christ can make in their lives. In Canadian cities and in major cities around the world, we are committed to helping to fulfill the Great Commission. To find out how you can be involved go to: <http://powertochange.com/organization/>





**“BYB is an excellent resource to both equip and inspire you and your small group. Be prepared to make a profound difference in the world outside your bubble!”**

Shaila Visser  
National Director, Alpha Canada

## Is it time to burst your bubble and engage your world?

### Sessions

- 1 Discover the Spirit-Filled Life
- 2 The Pack, the Parrot & the Pass
- 3 Discover Your Life Story
- 4 Share Your Life Story
- 5 The Seven Laws of Relational Impact
- 6 The Final 10%: Leading Someone to Christ
- 7 Follow-Up

Bursting Your Bubble manuals and additional material are available through:  
[burstingyourbubble.org](http://burstingyourbubble.org)

**Meaningful relationships are the foundation for all effective evangelism.** However, many Christians find that they have few, if any, close non-Christian friends. This seven week series is designed to help you discover the joy of engaging others in spiritual dialogue. Together, you and your group will experience a faith adventure as you burst your bubble!

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